



included with every Simply policy

#SimplyAsk

Legal. Financial. Personal. **Sorted.**

Free, unlimited and confidential support for you and your loved ones, whenever life gets heavy.



Financial

Debt, budgeting and tax guidance in plain language



Legal

Advice on family matters, property and wills



Psychosocial

Unlimited 24/7 counselling with 800+ multilingual therapists

Support you can count on

Life happens. Some days bring money worries, others bring family challenges or stress that feels hard to carry alone. With Simply, you don't have to.

Families need more than a payout when things go wrong. **Simply Ask** gives you real human help on the phone, in person and in an app, built right into your Simply cover. No forms, no extra cost, no catch.

Get Simply Ask *it comes with your cover*

Take out any Simply policy and Simply Ask is included at no extra cost.



Get a quote online
[simply.co.za](https://www.simply.co.za)



Prefer to talk it through?
Ask your financial adviser



Scan to get a quote



Smart. Simple. Safe.

Backed by **Hollard.**

Real help, whenever you need it

Whether it's debt that won't budge, a legal question or a tough week, you get real help from qualified people. Here's everything included in one Simply benefit.



Legal

Know where you stand

- Free telephonic legal advice
- Divorce, custody and maintenance
- Property questions and agreements
- Guidance on wills and testaments



Financial

Feel in control of your money

- Debt management and debt review
- Budgeting and money planning
- Tax guidance in plain language
- Book financial sessions in the app



Psychosocial

Talk to someone who listens

- Unlimited telephonic counselling, 24/7/365
- Stress, burnout, relationships and grief
- Face to face sessions near you

Face to face sessions carry an additional cost.

Also included



Supportive services*

Wellness screenings and health checks

*Extra cost



Wellness app

Live chat, session booking, support groups, podcasts and tools



Workshops

Two free virtual sessions a month on real-life topics

It's all included when you choose Simply

Who can use it

- You, the policyholder
- Covered members on your policy
- Your family members
- Domestic workers living with you

Good to know

- 100% confidential
- Help in multiple South African languages
- Free, with optional paid face to face sessions

How to get Simply Ask

1

Get a Simply Family or Group policy

Buy a Family policy yourself, or get Group cover through your employer.

2

Simply Ask is included

It comes with your policy at no extra cost. No forms to fill in.

3

Reach out when you need to

Legal, financial and personal support for you and your household.



Simply Ask is powered by Reality Wellness and included in your Simply policy at no extra cost. Simply Financial Services (Pty) Ltd is an authorised financial services provider (FSP 47146). Hollard Life Assurance Company Limited (Reg No. 1993/001405/06) is a licensed life insurer and authorised financial services provider. This is a summary of the benefit. T&Cs apply, see simply.co.za.

